



**SOUTHWEST DISTRICT 8 & UNDER  
CHAMPIONSHIP  
February 10-11, 2018  
SANCTION NO. VS-18-67**

**Hosted By:  
CCA & LY**

<b>SANCTION:</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming/Virginia Swimming, Inc., SANCTION NO: <b>VS-18-67</b></li> <li>USA Swimming, Inc., Virginia Swimming, Inc., Carter Center Aquatics, Lynchburg YMCA Swimming, and the Jamerson YMCA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>
<b>LOCATION:</b>	Jamerson YMCA, 801 Wyndhurst Drive, Lynchburg, VA 24502 (434) 582-1900
<b>FACILITY:</b>	<ul style="list-style-type: none"> <li>The Jamerson YMCA has an indoor, 25-yard, 8-lane competition pool, 9 feet deep at the start end to 4 feet in depth at the turn end. All lanes are bottom-striped and wall- targeted with nonturbulent lane lines.</li> <li>Bleacher seating is available on deck. Three lanes in the adjacent family pool are available for continuous warm-up and warm down.</li> <li>Colorado Automatic Timing System with a 4-panel scoreboard will be used. Lanes 1-4 are displayed simultaneously and then rotate to lanes 5-8 for simultaneous display.</li> <li>The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C (4). The copy of such certification is on file with USA Swimming</li> </ul>
<b>MEET DIRECTOR:</b>	Name: Ryan Woodruff Phone: (919) 943-6420 Email: Ryan.d.woodruff@gamil.com
<b>ELIGIBILITY:</b>	<ul style="list-style-type: none"> <li>Open to all Virginia Swimming registered athletes 8 years old and younger registered by the first day of the meet in the Southwest District.</li> <li>Teams in the Southwest District are: ACAC, ACST, BASS, BRAC, CCA, CYAC, FUAC, GATR, HOKI, KFY, LASO, LY, SCAT, SFY, SMAC, STRM, VAST &amp; YMST</li> <li>No on deck Virginia Swimming athlete registration will be permitted.</li> <li>The qualifying period for this meet is January 1, 2017 through February 09, 2018.</li> <li><b>8 &amp; Younger swimmers may compete in any event offered.</b></li> <li>Age on February 10, 2018 will determine age for the entire meet.</li> </ul>
<b>DISABILITY SWIMMERS:</b>	<ul style="list-style-type: none"> <li>Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.</li> <li>The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</li> </ul>
<b>FORMAT:</b>	<ul style="list-style-type: none"> <li>All events will be timed finals.</li> <li>5 minute breaks are inserted after events #2, 6, 10, 14, 20, 24 28</li> </ul>
<b>WARM-UP:</b>	<ul style="list-style-type: none"> <li>Saturday: Warm-ups start 1:00 PM; Competition starts at 2:15 PM</li> <li>Sunday: Warm-ups start at 8:00 AM; Competition begins at 9:05 AM</li> </ul>
<b>ENTRIES:</b>	<p><b>DEADLINE FOR THE RECEIPT OF ENTRIES IS TUESDAY, JANUARY 30, 2018</b></p> <ul style="list-style-type: none"> <li>Entries must be submitted in Short Course Yards times using Hy-Tek Team Manager and Commlink-2 software, or on a VSI master entry sheet which is available at the VSI website <a href="http://www.virginiawswimming.org">www.virginiawswimming.org</a>.</li> <li>Teams submit entries via e-mail.</li> <li>A <b>Team Manager</b> printout of entries must be included or the VSI meet summary sheet (available at VSI website, <a href="http://www.virginiawswimming.org">www.virginiawswimming.org</a> ) with the name, email address, and phone number of the person to contact in case of questions must accompany the entries, regardless of how they are submitted.</li> </ul>

	<ul style="list-style-type: none"> <li>• No Time” (NT) entries will be accepted for events in which a swimmer does not have a time of record. All entry times must have been achieved in USA Swimming sanctioned, approved, or observed competition.</li> <li>• Swimmers may enter a maximum of 8 <i>individual events for the meet, no more than 4 per day and 1 relay event per day.</i></li> <li>• Relay teams must be designated A, B, C, etc., if more than one per club is entered per event. Relay entry times must be slower than the combined “AG Championship” times for the corresponding relay.</li> <li>• The Meet Director reserves the right to limit entries in any events, if necessary, to prevent too lengthy a session. This may include combining heats and events, which actions could require reseeding.</li> <li>• Email entries to: <a href="mailto:ryan.d.woodruff@gmail.com">ryan.d.woodruff@gmail.com</a>.</li> <li>• Late entries will be accepted. If received prior to the printing of the heat sheet, the swimmer will be seeded into the event; if after, he/she will go in the slowest heat in an empty lane. If needed, a heat will be added.</li> </ul>
<b>RESULTS:</b>	<ul style="list-style-type: none"> <li>• TM meet results file and MM meet backup file will be provided to each participating team and unattached swimmer(s) within 24 hours of the close of the meet.</li> </ul>
<b>FEES:</b>	<p><b>Individual Events: \$4.50</b>  <b>Relay Events: \$15.00</b>  <b>Swimmer Fee: \$2.50 per person (entered in the meet in any capacity)</b></p> <p><b>Late Fees:</b> In addition to the regular entry fee, a fee of <b>\$10</b> per event prior to the first day of the meet and <b>\$25</b> per event on or after the first day of the meet will be charged for any entry received after the entry deadline.</p> <ul style="list-style-type: none"> <li>• Checks should be made payable to: YMCA of Central Virginia</li> <li>• Mail payment to: Lynchburg Swimming  c/o Woodruff  105 Fox Hollow Road  Lynchburg, VA 24503</li> <li>• Payment must be received by Wednesday, February 7, 2018 for all entries. Failure to pay entry fees by this deadline will result in teams being barred from the meet. Swimmers will be permitted to enter the meet as unattached providing they pay the appropriate entry fees.</li> <li>• <b>IMPORTANT:</b> If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery, as this will delay the receipt of your entries.</li> </ul>
<b>AWARDS:</b>	<ul style="list-style-type: none"> <li>• Individual events will be scored and awarded medals and scored for first through third place and ribbons fourth through sixteenth place.</li> <li>• Relay events will be awarded medals for first through third place and ribbons for fourth through sixteenth place.</li> <li>• This meet will be scored and the scores combined with the 9-12 Old District Championships. Teams placing first through third will receive a plaque.</li> <li>• Scoring will be as follows: <ul style="list-style-type: none"> <li>○ Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1</li> <li>○ Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2</li> <li>○ All events will be scored to 16 places.</li> <li>○ Only the top two relay entries per team may score.</li> </ul> </li> </ul>
<b>SEEDING:</b>	<ul style="list-style-type: none"> <li>• All events will be pre-seeded.</li> <li>• All swimmers should report directly to the blocks</li> </ul>
<b>PENALTIES:</b>	<ul style="list-style-type: none"> <li>• Penalties for entries using fraudulent and/or non-verifiable entry times: <ul style="list-style-type: none"> <li>○ <b>Swimmer shall be marked as exhibition for the event entered illegally and the event shall be re-scored and awarded.</b></li> <li>○ <b>Club may be fined \$100 for each offense, and a record of such offenses shall be kept and published as part of the official meet results.</b></li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ <b>Clubs entering swimmers not legally registered with USA Swimming by the first day of the meet may be fined \$100 per swimmer in each event so entered.</b></li> <li>○ If the swimmer is representing a club in competition, the fine will be levied on the Club. If the swimmer is unattached, the fine will be levied on the swimmer.</li> </ul>
<b>RULES:</b>	<ul style="list-style-type: none"> <li>• The current USA Swimming Rules and Regulations will apply.</li> <li>• Any swimmers participating in the meet must be certified by a USAS member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present without written USA Swimming approval.</li> <li>• The overhead start procedure will be used at the discretion of the Referee.</li> <li>• Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. In addition, photography behind the blocks is <u>not permitted</u>.</li> <li>• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is <b>PROHIBITED</b>.</li> <li>• In accordance with VSI policy, showering before entering the pool is strongly encouraged and requested.</li> <li>• In accordance with VSI Policy, only those coaches who have current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet <ul style="list-style-type: none"> <li>○ Coaches who have valid USA Swimming credentials but who are unable to provide them upon request will be issued temporary credentials by the meet director</li> <li>○ Coaches with expired or non-current credentials will be required to leave the deck area.</li> </ul> </li> </ul>
<b>OFFICIALS:</b>	<p><b>Meet Referee: John Stanley</b>  <b>Email: <a href="mailto:jfstanley@cox.net">jfstanley@cox.net</a></b>  <b>Phone: (540) 354-9856</b></p> <ul style="list-style-type: none"> <li>• Officials will be needed for all positions and all sessions for this meet.</li> <li>• Team Officials Chairpersons should submit the names and session availability of certified officials, as well as the names and session availability of trainees to Kris Sennett (<a href="mailto:ksennett@liberty.edu">ksennett@liberty.edu</a>) no later than Tuesday, February 6, 2018.</li> <li>• Officials will meet in the Hospitality Area approximately 1 hour prior to the start of each session.</li> <li>• General meeting for coaches and key officials will be held in the Hospitality area at 2:00PM on Saturday, February 10, 2018.</li> </ul>
<b>SAFETY:</b>	Virginia Swimming Meet Safety Procedures will be in effect.
<b>TIMERS:</b>	<ul style="list-style-type: none"> <li>• Clubs may be required to provide timers in proportion to the number of swimmers they have entered in each session.</li> <li>• The number of timers required per club and their lane assignments will be posted on the CCA Marlins and Lynchburg Swimming websites (<a href="http://www.ccamarlins.com">www.ccamarlins.com</a>, <a href="http://www.lyswimming.org">www.lyswimming.org</a>) no later than Wednesday, February 7, 2018, and will also be emailed to the contact person of each of the individual clubs.</li> <li>• These assignments will also be posted throughout the venue.</li> </ul>
<b>GENERAL:</b>	<ul style="list-style-type: none"> <li>• Heat Sheets will be sold for \$5.00.</li> <li>• Light refreshments will be provided for the USA-S officials and coaches.</li> <li>• Swim gear will be available through The Swim Shop.</li> <li>• Food and drinks will be available through the concessions stand.</li> </ul>
<b>FACILITY RULES:</b>	<ul style="list-style-type: none"> <li>• Each club is responsible for supervising the conduct of its swimmers.</li> <li>• Swimmers are not permitted in any room of the building not directly associated with the meet.</li> <li>• Any swimmer violating the rules may be disqualified from the meet and escorted from the building.</li> </ul>

	<ul style="list-style-type: none"> <li>• NO parking allowed in the entrance area to the facility other than in designated parking spots.</li> <li>• Vehicles illegally parked may be ticketed and/or towed at the owner's expense.</li> </ul>
<b>DIRECTIONS:</b>	Directions are available on the team website, <a href="http://www.lyswimming.org">www.lyswimming.org</a>
<b>HOTELS:</b>	<ul style="list-style-type: none"> <li>• Comfort Inn &amp; Suites (434) 266-1111</li> <li>• Kirkley Hotel, (434) 237-6333</li> <li>• Sleep Inn (434) 846-6900</li> <li>• Best Western (434) 237-2986</li> <li>• Craddock Terry Hotel (434) 455-1500</li> <li>• Hilton Garden Inn (434) 239-3006</li> <li>• Courtyard Marriott (434) 846-7900</li> <li>• Holiday Inn (434) 528-2500</li> <li>• Spring Hill Suites (434) 237-5848</li> </ul>

## Southwest District 8 & Under Championships

### ORDER OF EVENTS

**Saturday, February 10, 2018**

<b>Warm-up: 1:00 PM; Start: 2:15 PM</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
1	100 Medley Relay	2
	5 Minute Break	
3	50 Breaststroke	4
5	100 Freestyle	6
	5 Minute Break	
7	25 Butterfly	8
9	100 Individual Medley	10
	5 Minute Break	
11	25 Freestyle	12
13	50 Butterfly	14
	5 Minute Break	
15	200 Freestyle	16
17	100 Backstroke	18

**Sunday, February 11, 2018**

<b>Warm-up: 8:00 AM; Start: 9:05 AM</b>		
<b><u>Girls</u></b>	<b><u>Events</u></b>	<b><u>Boys</u></b>
19	100 Freestyle Relay	20
	5 Minute Break	
21	25 Breaststroke	22
23	50 Freestyle	24
	5 Minute Break	
25	100 Butterfly	26
27	25 Backstroke	28
	5 Minute Break	
29	100 Breaststroke	30
31	200 Individual Medley	32
33	50 Backstroke	34